TO WITHDRAW OR NOT TO WITHDRAW: PSYCHIATRIC DRUGS AND THE DEEP QUESTIONS ABOUT OURSELVES

Are you wondering whether or not tapering might be the right choice for you?

Join our panel as they recount their past and current relationships to psychiatric drugs, and discuss how they navigated the questions, fears, and challenges of trying to decide whether or not to come off meds.

HOST PANELISTS:

Laura Delano is a founder and the Executive Director of Inner Compass Initiative and ICI's The Withdrawal Project. She spent her youth as a patient in the mental health system, and left the system behind in 2010.

Nicole Lamberson is a physician assistant and the co-founder of ICI's The Withdrawal Project. She was polydrugged with psychiatric meds and is enduring a protracted syndrome after an over-rapid detox in 2010.

GUEST PANELISTS:

Steven Morgan previously took psychiatric drugs and has worked in alternative peer support since 2005.

Bianca Gutman is a 24-year old from Montreal tapering an SSRI that was prescribed to her since age 13.

Contact connect@theinnercompass.org with questions

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NOVEMBER 9, 2019
1PM - 3PM EST

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